



Level 3 Skill Mastery

Skill-Based Training Cum Internship Program



Level 3 is designed to develop advanced expertise, lead independent projects, and gain real-world experience to confidently step into the field. It consists of **240 hours** of structured learning, including **130 hours of theory**, **30 hours of activities**, **40 hours of assessments**, and **40 hours of practical exposure**, spanning over **1.5 months**.

✔ Hone Your Skills for Professional Mastery

	Chapter Name	What's in It
1	Neuropsychology	Understanding brain-behavior relationships and neurological disorders, foundational for clinical practice.
2	Dementia and Psychotic Disorders	Exploring severe mental health conditions and complex symptomatology, providing a base for specialized treatment.
3	Suicidal Ideation	Risk assessment and crisis intervention techniques, addressing high-risk scenarios early on.
4	Trauma-Informed Therapy	Approaches for working with trauma survivors, focusing on PTSD frameworks after crisis topics.
5	ACT (Acceptance and Commitment Therapy)	Mindfulness-based interventions for fostering psychological flexibility, following foundational disorders.
6	Queer-Informed Therapy	Culturally competent therapy for the LGBTQ+ community, expanding on specialized interventions.
7	Grief Therapy	Helping clients cope with loss and bereavement, essential for addressing emotional recovery.
8	Expressive Art Therapy	Creative therapeutic approaches using art and other mediums as alternative methods.
9	Parapsychology	Exploring unconventional psychological phenomena, offering an expanded perspective towards the end.
10	Professional Building	Career guidance, ethical practices, and setting up a professional practice prepare learners for the field.

ENROLL TODAY TO ACTIVATE YOUR SKILLS!



✔ Expert-Led Training

Our program is led by experienced practicing professionals with expertise in therapy, counseling, and psychological training.



✔ Comprehensive Online Learning Experience

Live classes are conducted weekly online via Microsoft Teams, and a pre-set schedule will be shared in advance to help you plan ahead. Additionally, all recorded sessions and resource materials will be available on the Mending Mind app for continued learning and reference. All you need is a mobile device or laptop with a stable internet connection to join in!

✔ Customizable Certifications & Academic Support

We recognize that institutions like IGNOU have unique requirements for internships — from certification formats to specific hour logs and documentation. Our program offers flexibility to tailor certificates and support materials to align with your academic needs, ensuring a smooth and hassle-free experience.

✔ Resources & Study Materials

Thoughtfully Designed Interactive Workbook Worksheets and Templates for Real-world Therapy Settings and Future Practice Pre and Post Learning Manuals

✔ Investment in Your Learning

Enrollment Fee: ₹11,500

Early Bird Fee: ₹8,500 (limited period)

Group Discount: ₹8,000 per person for a group of 3 or more



Beyond the Classroom Assistance

Supervised Therapy Support

Qualified students can register as pro-bono therapists with supervision from our experts

Get to Work with Us

Participate in therapy sessions at camps and workshops, with potential leadership roles.

Exclusive Community

Access Lifetime membership in the Mending Mind Community

1-on-1 Mentorship

Learners with 75% attendance get personalized support from trainers.

Level 3 Commences Soon—Stay Tuned for the Date!

REGISTER NOW



P.S.: If you have any doubts or queries, feel free to reach out to us at **prachi@mendingmind.org**

Contact us!